

CONSULTATION NOTES

Monmouth Spine & Soft Tissue Christopher Holmes, DC 700 Campus Dr., Ste C Morganville, NJ 07751 732-970-3888 www.monmouthspinechiro.com

Primary Complaint:	Secondary Complaint:	Additional Complaint:
Intensity (How extreme are your current symptoms?) 0	Intensity (How extreme are your current symptoms?) 0	Intensity (How extreme are your current symptoms?) 0
Radiation (Does it affect other areas of your body? To what areas does the pain radiate, shoot or travel.)	Radiation (Does it affect other areas of your body? To what areas does the pain radiate, shoot or travel.)	Radiation (Does it affect other areas of your body? To what areas does the pain radiate, shoot or travel.)
Duration and Timing (When did it start and how often do you feel it?)	Duration and Timing (When did it start and how often do you feel it?)	Duration and Timing (When did it start and how often do you feel it?)
Constant Comes and goes. How Often?	○ Constant ○ Comes and goes. How Often?	Constant Comes and goes. How Often?
Quality of symptoms (What does it feel like?)	Quality of symptoms (What does it feel like?)	Quality of symptoms (What does it feel like?)
 Numbness Aching Burning Tingling Cramps Shooting Stiffness Nagging Throbbing Dull Sharp Stabbing Other 	 Numbness Aching Burning Tingling Cramps Shooting Stiffness Nagging Throbbing Dull Sharp Stabbing Other 	 Numbness Aching Burning Tingling Cramps Shooting Stiffness Nagging Throbbing Dull Sharp Stabbing Other
Aggravating or relieving factors (What makes it better or worse, such as time of day, movements, certain activities, etc.)	Aggravating or relieving factors (What makes it better or worse, such as time of day, movements, certain activities, etc.)	Aggravating or relieving factors (What makes it better or worse, such as time of day, movements, certain activities, etc.
What tends to worsen the problem?	What tends to worsen the problem?	What tends to worsen the problem?